

**Below are some examples that your organization or business can post on social media. They can be copy and pasted for the post or you can record someone with your organization and post the video.**

* The key to preventing suicide is education. Learn the statistics associated with suicide and the warning signs often displayed. By being educated on this Silent Epidemic, you could help save a life. Learn more at [www.ILWontBeSilent.com](http://www.ILWontBeSilent.com) #ILWontBeSilent
* Each week, we lose \_\_ Illinoisans to suicide. #ILWontBeSilent about the epidemic of suicide and I challenge you to do the same! Visit, [www.ILWontBeSilent.com](http://www.ILWontBeSilent.com) to learn how you could make a difference in someone’s life today. #ILWontBeSilent
* Would you know how to recognize or respond if friend is struggling with thoughts of suicide? I am pledging not to be silent, and you can too! Visit [www.ILWontBeSilent.com](http://www.ILWontBeSilent.com) and find out more. #ILWontBeSilent
* Learn the warning signs associated with suicide. Suicide is preventable. #ILWontBeSilent
* Suicide is one of the leading causes of preventable death in our nation. Learn how you can help [www.ILWontBeSilent.com](http://www.ILWontBeSilent.com) #ILWontBeSilent
* We have joined as one of the Collaborative Partners with #ILWontBeSilent and we are going to raise the conversation about suicide prevention. Join us at [www.ILWontBeSilent.com](http://www.ILWontBeSilent.com)
* Raise the national conversation on #suicideprevention. Visit [www.iwontbesilent.com](http://www.iwontbesilent.com) #iwontbesilent